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30 Day House Cleaning Plan

Day	Cleaning Tasks	Notes/Date
1	Bathroom: Clean the bathroom (mirror, sink, bathtub, shower doors (or curtain), toilet).	
2	Family Room: Wipe down walls.	
3	Family Room: Dust (window sills, light switches, ceiling fans, lamp shades, and door frames), and vacuum and or sweep and mop floors.	
4	Family Room: Clean the furniture, mirrors, door knobs and phones.	
5	Do the laundry (clothes and bed-sheets and kitchen towels).	
6	Tackle one clutter clearing activity (maybe the mail, old newspapers, magazines, books, the closet)	
7	Kitchen: Clean the refrigerator in and out. Then Sweep and mop the floor.	
8	Bathroom: Time to clean the bathroom again.	
9	Vacuum carpets, Sweep and mop all floors and Empty all trash.	
10	Kitchen: Clean the oven and microwave.	
11	Kitchen: Clean and polish kitchen appliances and sweep the floor.	
12	Do the laundry (clothes and bed-sheets and kitchen towels).	
13	Kitchen: Clean and organize kitchen cabinets.	
14	Vacuum carpets, Sweep and mop all floors and Empty all trash.	
15	Bathroom: Time to clean the bathroom again.	



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Day	Cleaning Tasks	Notes/Date
16	Tackle one clutter clearing activity (maybe the mail, old newspapers, magazines, books, the closet)	
17	All Rooms where needed (bedroom, hallway, kitchen): Wipe window sills, baseboards, light switches, ceiling fans, lampshades, door frames, top of refrigerator, mirrors in living room, door knobs, phones etc.	
18	All Windows: Clean the windows on the interior.	
19	Do the laundry (clothes and bed-sheets and kitchen towels).	
20	Closet: Hang clothes up, sort shoes, purses, ties, belts	
21	Vacuum carpets, Sweep and mop all floors and Empty all trash.	
22	Bathroom: Time to clean the bathroom again.	
23	Tackle one clutter clearing activity (maybe the mail, old newspapers, magazines, books, the closet)	
24	Kitchen: Clean the stove hood and sweep the floor.	
25	Bedrooms: Clear the floor of stuff (clothes, toys, dishes, etc). Put everything in its place, then vacuum or sweep the floor.	
26	Do the laundry (clothes and bed-sheets and other - shower curtain, mats used on bathroom floor, kitchen towels).	
27	Tackle one clutter clearing activity (maybe the mail, old newspapers, magazines, books, the closet)	
28	All Rooms where needed (bedroom, hallway, kitchen): Wipe window sills, baseboards, light switches, ceiling fans, lampshades, door frames, top of refrigerator, mirrors in living room, door knobs, phones etc.	
29	Bathroom: Time to clean the bathroom again.	
30	Vacuum carpets, Sweep and mop all floors and Empty all trash.	